



# Senior Moments



volume 7 / issue 7

tamuz / av 5779

august 2019

**JCC Senior Center**  
210-302-6860

**JCC Main Line**  
210-302-6820

***Journey of the Soul: An Exploration of Life, Death, & What Lies Beyond***  
TH, Aug. 1 & 8 | 12:45pm - 2:15pm  
\$15 | JCC Members/60+ \$12

What is a soul? Where does it go after it departs this world? Do Jews believe in heaven and hell? Can souls communicate with us from the afterlife? How does reincarnation work?

Presented by Rabbi Levi Teldon. Fees are per class and do not include the book.

**Mini Dance Lesson - Paso Doble**  
MO, Aug. 5 | 10-10:45am | Senior Room  
\$5 | JCC Members Free

The Paso Doble (Spanish for double step) is a theatrical Latin dance with Spanish and French origins. It is a dramatic dance that tells a story through sharp, staccato movements, striking body poses, and flamenco style footwork.

Join us for a mini lesson on this fun Spanish dance from France!

## happy birthday to you!

**August 5**  
Shirley Alexander

**August 9**  
Lynne Anderson

**August 13**  
Lynne Briggs

**August 22**  
Violeta Cuenca

**August 24**  
Marsha Blanke

**August 26**  
Anna Levy

**August 29**  
Sylvia Garcia

**August 30**  
Peggy Selden

## I Call "Mah Jongg!"

WE, Aug. 7 - Sept. 11 | 9:30-11am  
\$19 | JCC Members \$9

If you've always wanted to learn how to play Mah Jongg, now's your chance! Judy Kelne will lead a 6-week course all about "mahj". All ages and skill levels welcome. 2019 Mah Jongg card included. Advanced registration strongly encouraged.

Visit [www.jccsanantonio.org/register](http://www.jccsanantonio.org/register) or call the Senior Center.

## Film Screening: Land of Milk & Funny

TH, Aug. 15 | 7pm | JCC  
\$8 (online), \$9 (phone/in person), \$10 (door)

American Jews' relationship to Israel can be complex and emotional. In comedian Avi Liber- man's case, it is also funny. *Land of Milk and Funny* chronicles his widely-acclaimed stand-up comedy tours in Israel, how those comedians came to discover Israel, and how those tours benefit and honor victims of terror and their families. *Limited transportation available. See Isabel to schedule pick-up and purchase tickets.*

## Senior Sunday @ The Vex

*God's Favorite*, a comedy by Neil Simon  
SU, Aug. 18 | 2:30pm | \$20 (online), \$21 (phone/in-person)

Successful Long Island businessman Joe Benjamin is a modern-day 'Job' with a demanding wife, ungrateful children, and wise-cracking household employees. Just when it seems things could- n't get any worse, he is visited by Sidney a.k.a. A Messenger from God with a mission: test Joe's faith and report back to "the Boss." The jokes and Tests of Faith fly fast and furious as Neil Si- mon spins a contemporary morality tale like no other in this hilarious comedy.

Planning to attend all four shows this season? Purchase a 2019-20 Vex Season Pass and SAVE! The rate for JCC Members is \$75 per pass and includes 1 admission to each show, early-option reservations, plus you'll save! **Available for purchase until Sept. 8.**

See Isabel to purchase your tickets or Season Passes or visit [www.vexler.org](http://www.vexler.org).

## Blood Pressure Check

TH, Aug. 8, 10:30am  
Senior Center



## SAVE THE DATE!

### THE MAIN EVENT

SA, Nov. 23 | 7pm  
Honoring:  
Rick Byrd, Marsha Penner, & Allan Smith

## Upcoming Events & Special Dates

- **FR, Aug. 16** | Lunch field trip to MAAR's Pizza - limited space available; see Isabel to re- serve your space!
- **SU, Sept. 8** | Jewish Film Mini-Fest @ Regal Alamo Quarry, featuring:
  - 2pm: *The Keeper*
  - 4:30pm: *Fiddler: A Miracle of Miracles*
  - 7:30pm: *The Rabbi Goes West*

Learn more about the Mini-Fest or purchase tickets at [www.jccsanantonio.org/filmfestival](http://www.jccsanantonio.org/filmfestival).

## Silver Cinema is on hiatus until September 5!

- Sept. 5 - *A Good Life*
- Sept. 19 - *Enough Said*

Turn over for this month's kosher menu!



# august 2019

Lunch served Monday through Thursday beginning at noon in the Auditorium.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			caprese salad tilapia mixed veggies noodles challah fruit	<b>H-E-B Grocery Run</b>
5	6	7	8	9
mushroom barley soup tuna salad on bed of lettuce garlic bread bananas	broccoli soup black bean salad grilled cheese buttered carrots crackers brownies	minestrone soup baked potatoes + toppings crackers apple cake	salad beef soft tacos rice corn tortillas watermelon  11am: line dancing	<b>Walmart Grocery Run</b>
12	13	14	15	16
split pea soup veggie salad tomato & spinach quiche crackers fruit	wild rice soup broccoli salad meatloaf buttered noodles rolls cookies 10am: bingo	creamy chicken soup coleslaw deli turkey sandwich carrot sticks pistachio pudding	orange chicken jasmine rice challah apple cobbler  11am: line dancing	
19	20	21	22	23
asparagus soup mixed greens salad tuna mac & cheese crackers oranges	veggie soup cucumber salad salmon patties couscous rolls brownies	sweet potato soup mixed greens salad chicken tacos rice corn tortillas cantaloupe	salad spaghetti w/meatballs challah fruit  11am: line dancing	<b>H-E-B Grocery Run</b>
26	27	28	29	30
carrot soup egg salad on bed of lettuce toasty bread fruit	chicken tortilla soup mixed tomato salad chicken & rice rolls sherbet	potato soup mixed greens salad beef patties carrots brownies	salad chicken piccata green beans challah birthday cake	



## **MENU SUBJECT TO CHANGE WITHOUT NOTICE**

*All meals served with bread or crackers, iced tea, water, and decaf coffee.  
Alternative entrée of hard boiled eggs available on request.*

**Call 210-302-6860 to book your lunch!**

**All reservations must be confirmed by 9:45am. If you do not cancel by 10am, you will be charged for the meal.**